

## Exercise #2 TETRIS

### Instructions:

1. Please read through all of the instructions for this exercise *before* beginning!
2. Please go to <http://silvergames.com/tetris>
3. Specific instructions for this exercise:
  - a. Start the game
  - b. You will have to wait until the ad completes. Sorry, if you have better access to another version of Tetris (phone app, etc.), you are free to use that one
  - c. Read the instructions on how to play the game
  - d. Click on the large arrow to begin
  - e. Use the arrows on your key board to play
  - f. Please play the game 2 times for 10 minute each time and record your final score each time. If you get a game over before the 10 minutes is up – record that time.
4. Please complete the exercise two times before considering the questions below.

### Time (please note the day and time you start this exercise):

Time: 10 minutes or time you got a game over

Final Score:

Time: 10 minutes or time you got a game over

Final Score:

### Questions to think about:

- 1- Have you played this game before? If so, how did that experience help you?
- 2- Did your final score improve over the two trials? Why?
- 3- Do you think that the time of day had anything to do with how well you did with this exercise?
- 4- Would the ST skills learned here transfer to any other aspects of your life/studies? Please think of a few examples.